

# Garlic

Egyptian garlic is considered one of the distinguished export crops due to its high quality, strong flavor, and rich nutritional content, making it highly sought after globally, especially in Europe. Egyptian garlic is known for its large cloves and medicinal properties, as it contains compounds that help boost immunity and reduce inflammation.



Egypt produces garlic in consecutive seasons due to its favorable climate, and it is exported according to international quality standards to ensure the product remains fresh and suitable for long periods. The precise sorting and packaging process ensures it meets the requirements of European and global markets, with exports available in different sizes and suitable packaging to meet the continuous demand in these markets.





## **Specifications:**

- **Size:** The size of Egyptian garlic cloves ranges from medium to large, with the cloves being uniform inside the bulb.
- **Color:** It is usually white with a thin and easy-to-peel outer skin, and some garlic bulbs may have a slight purple tint.
- **Flavor and aroma:** Egyptian garlic has a strong and distinctive flavor, with an intense aroma that becomes more pronounced when chopped or crushed, making it ideal for cooking and widely used in recipes around the world.





- **Nutritional content:** Egyptian garlic is rich in vitamins (such as Vitamin C and B6) and minerals (such as manganese and selenium), in addition to antioxidants and sulfur compounds that contribute to its health benefits.
- **Shelf life:** Egyptian garlic is known for its ability to be stored for long periods (usually up to 6 months or more), making it suitable for export.
- **Varieties:** Egyptian garlic comes in different varieties, including the local variety, which is the most famous and widely traded in both local and international markets.

	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEP	OCT	NOV	DEC
Availability												
sizes	<ul style="list-style-type: none"> <li>• <b>Small:</b> The diameter of these bulbs is usually around 4-6 centimeters.</li> <li>• <b>Medium:</b> The diameter of these bulbs is usually around 6-8 centimeters.</li> <li>• <b>Large:</b> The diameter of these bulbs is usually around 8-10 centimeters.</li> <li>• <b>Extra Large:</b> The diameter of these bulbs can be 10 centimeters or more.</li> </ul>											
Packing	<ul style="list-style-type: none"> <li>• Carton / Mesh Bag / Bamboo Basket 5 kg</li> <li>• Mesh Bag 10 kg</li> </ul>											

- Additional packaging options are available to meet specific customer requirements.

